

## Dr. Richard L. Bruno, HD, PhD

Dr. Bruno, a research and clinical psychophysicologist, trained at the **New York State Psychiatric Institute** and began studying Post-Polio Sequelae (PPS) and treating polio survivors in 1982 when he was the autonomic nervous system fellow in the **Department of Rehabilitation Medicine, Columbia University College of Physicians and Surgeons**.

- In 1984 Dr. Bruno organized and is the Chairperson of the **International Post-Polio Task Force**, which promotes PPS research, education and treatment in more than 25 countries.
- In 1989 Dr. Bruno left the College of Physicians & Surgeons for the opportunity to create and direct the **Post-Polio Rehabilitation and Research Service** at the Kessler Institute for Rehabilitation. It was the world's first center for the study and comprehensive treatment of PPS.
- From 1998 until 2010, Dr. Bruno directed **The Post-Polio Institute** he established at Englewood Hospital and Medical Center. There, he continued his PPS research and with his team: a physiatrist, occupational, physical and speech therapists, a nutritionist and an orthotist; he continued the comprehensive PPS treatment program for polio survivors.
- In 2002, Time Warner published Dr. Bruno's ***The Polio Paradox***, which is often referred to as "the polio survivor's bible".
- Dr. Bruno is now the Director of **The International Centre for Polio Education**, the new home of the International Post-Polio Task Force.
- In 1987 and 2003, he was responsible for drafting and the release of **Social Security regulations governing PPS**.
- In 2018, Dr. Bruno coordinated with the PA Polio Survivor's Network to publish the [Encyclopedia of Polio and PPS](http://www.papolionetwork.org/encyclopedia) (www.papolionetwork.org/encyclopedia).

This ongoing work contains all of Dr. Bruno's journal articles, monographs, commentaries, books and videos.

- Since beginning his work in 1982, Dr. Bruno has studied, evaluated and treated more than 7,000 polio survivors.
- Dr. Bruno received the **New Jersey Pride Award in Health** and the **Doctor of Humanics** degree, *honoris causa*, from Springfield College.
- Dr. Bruno was selected to present the **45th John Stanley Coulter Lecture** to the annual meeting of the American Congress of Rehabilitation Medicine.
- In 2006, Dr. Bruno was recognized by the **US House of Representatives** as a "tireless worker on behalf of those suffering the aftereffects of polio."

### **Contact Information:**

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